

# Foresters Care

## Support when you need it



If you would like to speak to Foresters Care, please call 0800 276 1023  
Monday- Friday, 9am- 5pm



**"Thank you so much for all your help and all the information you sent me, it's amazing."**

### John's story:

John was referred to Foresters Care following a hip replacement; he had a difficult post-operative recovery and became quite unwell. After his surgery, John was also diagnosed with dementia.

The RedArc Nurse spoke to his wife Jane, whom despite having carers to look after John was exhausted, emotionally drained and didn't know where to turn.

Jane found it really beneficial talking to her RedArc Nurse and said that she always felt better after the conversations. The couple had recently moved to a new area and didn't know what local facilities and support were available, so their Nurse completed research and gave them information on organisations that might be able to help. The nurse also helped Jane to look after herself as a carer and provided advice on caring for a Dementia patient.

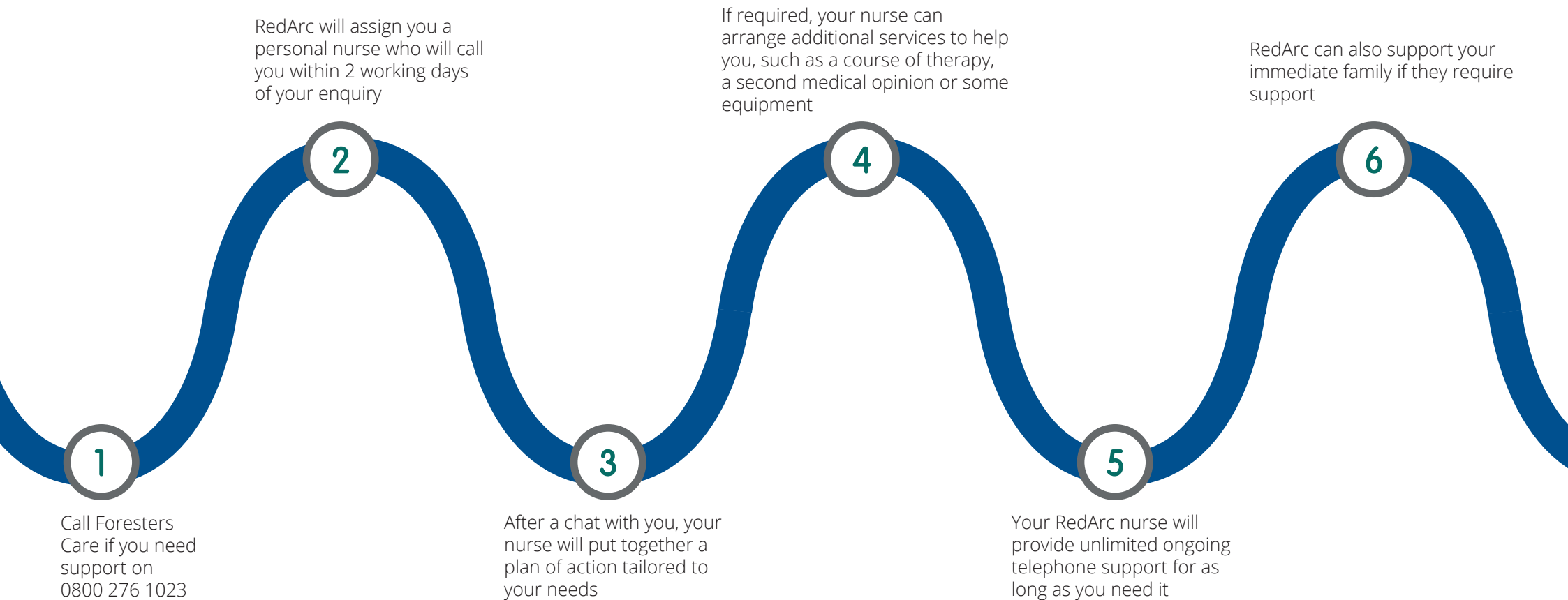
As John was prone to falls, Jane was worried about the risks of taking him out. Her RedArc Nurse suggested a lightweight wheelchair to enable Jane to take her husband out safely and suggested they go to an Independent Living Centre where John was offered an assessment for the most appropriate wheelchair by an Occupational Therapist. As the wheelchair wasn't available on the NHS, RedArc were able to purchase it for John, which made a huge difference to their quality of life.

The nurse calls Jane on a regular basis to see how they both are and is able to provide unlimited ongoing telephone support for as long as required. Jane said "You've made such a big difference. Thank you so much for all your help and all the information you sent me, it's amazing."

Foresters Care is provided by RedArc Assured Ltd, a personal nurse advice service.

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## What it can do for you



Foresters Care gives you telephone access to an experienced registered nurse who will provide long-term practical advice and emotional support with any long-term physical or mental health condition.

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